## **Learning Styles Questionnaire**

by Honey & Mumford

This questionnaire is designed to find out your preferred learning style. Over the years you have probably developed learning habits which help you benefit more from some experiences than others. Since you are probably unaware of this, this questionnaire will help you pinpoint your learning preferences, so that you are in a better position to select learning experiences to suit your style.

There is no time limit to this questionnaire. It will probably take 10-15 minutes. The accuracy of the results depend on how honest you can be. There are no right or wrong answers. If you agree more than you disagree with a statement, put a tick by it. If you disagree more than you agree put a cross. Be sure to mark each item either with a tick or a cross.

1	I like to be absolutely correct about things.
2	I quite like to take risks.
3	I prefer to solve problems using a step by step approach rather than guessing.
4	I prefer simple, straightforward things rather than something complicated.
5	I often do things just because I feel like it rather than thinking about it first.
6	I don't often take things for granted. I like to check things out for myself.
7	What matters most about what you learn is whether it works in practice.
8	I actively seek out new things to do.
9	When I hear about a new idea I immediately start working out how I can try it out.
10	I am quite keen on sticking to fixed routines, keeping to timetables, etc.
11	I take great care in working things out. I don't like jumping to conclusions.
12	I like to make decisions very carefully and preferably after weighing up all the other possibilities first.
13	I don't like 'loose ends', I prefer to see things fit into some sort of pattern.
14	In discussions I like to get straight to the point.
15	I like the challenge of trying something new and different.
16	I prefer to think things through before coming to a conclusion.
17	I find it difficult to come up with wild ideas off the top of my head.
18	I prefer to have as many bits of information about a subject as possible, the more I have to sift through the better.
19	I prefer to jump in and do things as they come along rather than plan things out in advance.
20	I tend to judge other people's ideas on how they work in practice.

21	I don't think that you can make a decision just because something feels right. You have to think about all the facts.
22	I am rather fussy about how I do things - a bit of a perfectionist.
23	In discussions I usually pitch in with lots of ideas.
24	In discussions I put forward ideas that I know will work.
25	I prefer to look at problems from as many different angles as I can before starting on them.
26	Usually I talk more than I listen.
27	Quite often I can work out more practical ways of doing things.
28	I believe that careful logical thinking is the key to getting things done.
29	If I have to write a formal letter I prefer to try out several rough workings before writing out the final version.
30	I like to consider all the alternatives before making my mind up.
31	I don't like wild ideas. They are not very practical.
32	It is best to look before you leap.
33	I usually do more listening than talking.
34	It doesn't matter how you do something, as long as it works.
35	I can't be bothered with rules and plans, they take all the fun out of things.
36	I'm usually the 'life and soul' of the party.
37	I do whatever I need to do, to get the job done.
38	I like to find out how things work.
39	I like meetings or discussion to follow a proper pattern and to keep to a timetable.
40	I don't mind in the least if things get a bit out of hand.

## **Scoring**

For each question you ticked on the other sheets, put a '1' beside the question number on this sheet. Put nothing for crosses. Add up the 1s in each column.

1	4	2	11
3	7	5	12
6	9	8	16
10	14	15	18
13	20	19	21
17	24	23	25
22	27	26	29
28	31	35	30
38	34	36	32
39	37	40	33
Theorist	Pragmatist	Activist	Reflector

http://www.science.ulster.ac.uk/nursing/mentorship/docs/nursing/oct11/Learning%20Styles%20Questionnaire%20%20short%20version%20Aug10.pdf